The Gathering Place
Adult Day Care
33 Davis Street, Presque Isle, ME 04769

*Hours of Operation:*
Monday, Tuesday, Wednesday, & Thursday
10:00am—2:00pm
207-764-6185 (on site)
207-764-3396 (administration)

*Cost*: $12.48 per hour

Financial help may be available for eligible people


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**FOR MORE INFORMATION**

**CONTACT:**

Heidi James, Program Manager
Heidi.James@aroostookaging.org

Dottie Sines, Gathering Place Director
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Sharon Berz, Long Term Care Director
sberz@aroostookaging.org

**Aroostook Agency on Aging**
1 Edgemont Drive, Suite 2
PO Box 1288
Presque Isle, ME 04769

207-764-3396 ~ 1-800-439-1789
Fax 207-764-6182

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**Program Activities include:**

- Individualized assessments
- Individualized care plans
- Healthy lunch and snacks
- Music programs
- Arts and crafts
- Group and individual activities
- Puzzles and games
- Physical activities
- Guest speakers
- Socialization

Caregivers are provided with information, education, support, support groups, and access to needed in home services.

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**ADULT DAY CARE**
CAREGIVER RESPITE

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[Image 1: Adult person sitting with a dog]

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[Image 2: Logo of Aroostook Agency on Aging]
ADULT DAY CARE PROVIDING CAREGIVERS WITH TIME OUT

Short term respite is available while you shop or complete errands in the Presque Isle area.

Admission Criteria for the service:

- Be able and willing to follow simple instructions and directions or be receptive to cueing
- Be willing to participate in or observe activities
- Will not wander - that poses a safety risk to self
- Be non-combative: no threat to others or to themselves
- Be capable of performing activities of daily living with limited aid
- Be able to administer own medications if needed during program hours
- Moving with limited assist

An assessment is completed with family/caregiver to determine eligibility for program

“This has made such a difference for both of us, Thank You!

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