Aroostook County Food Resource Guide

Community Meals/Soup Kitchens

M&M Ministries- Soup Kitchen
21 Parsons Street   Presque Isle
(207) 764-0758
Mon.,Wed., Fri.- Meals 2:00pm-5:00pm

Bread of Life Soup Kitchen
62 Collins Street   Caribou
(207) 325-1989
Mon.,Wed., Fri – Meals 4:30- 5:30pm

AAA- Meals on Wheels
Meal Delivery to Aroostook County Seniors
Main phone- (207) 764-6185
Monday-Friday – 8am-4:30pm

Homeless Services of Aroostook
745 Central Drive   Presque Isle
(207) 764-4125
Meals Served to shelter residents

Summer Meals for Kids

For the most up to date information
or to find a site close to your home

www.fns.usda.gov/summerfoodrocks
Hotline: 1-866-348-6479

Or
Aroostook County Action Program
(207)764-3721

Farmers’ Markets

Caribou Farmer’s Market
159 Bennet Drive   Caribou
Phone (207) 498-6156
Wednesdays 10am-6pm   June-Oct.

Houlton Community Farmer’s Market
Market Square   Houlton
Phone: (207) 532-4214
Saturdays May 21 - Oct. 8th

Riverside Public Market
Behind Riverside Restaurant   Presque Isle
Fridays 10am-5:30pm   June – Oct.

Fort Fairfield Farmer’s Market
284 Main Street   Fort Fairfield
Wednesdays 2pm-6pm   May 18th – Oct. 12th

Presque Isle Farmer’s Market
830 Main Street (ACM)   Presque Isle
Saturdays 8:30-2pm   May- Oct.

Additional Programs

Women, Infant & Children (WIC)
44 Park Street   Presque Isle
(207) 768-3026
Service: Assisting pregnant women
and children who are at nutritional
risks

SNAP
771 Main Street   Presque Isle
1-800-432-7881
www.maine.gov/mymainecnecti
on
Service: Supplemental Nutrition
Assistance Program for low
income individuals and families

Aroostook Area Agency on Aging
1B Edgemont Drive   Presque Isle
(207)764-3396
Service: Assisting seniors with Meals
on Wheels and community meals.

2-1-1
Call 2-1-1 or visit
www.211maine.org
Service: Statewide directory
for health and human
resources, available 24 hours
a day.
Food Pantries

Ashland Food Pantry
31A Station Street  Ashland
(207) 435-6015
Hours: 2nd Tue. Each Month 5-7pm & 3rd Thursday each month 2-4pm

Caribou Ecumenical Food Pantry
49 Herschel Street  Caribou
(207) 493-4860
Hours: Tue & Thurs Call 10am-11am Pick up 11-11:30am

United Baptist Church Food Pantry
74 High Street  Caribou
(207) 496-7881
Hours: Wednesdays 7:30-11am

St. Mary’s Food Pantry- Eagle Lake
1403 Aroostook Rd.  Eagle Lake
(207) 834-5656
Hours: 1st Tue. Each month 12-3

Friends Helping Friends - Easton
23 Station Road  Easton
(207) 488-6181
Hours: 3rd Sunday of Each month 3-4pm

Friends Helping Friends- Fort Fairfield-PI Street
(207) 227-9219  Fort Fairfield
Hours: Call 3rd Sunday and Monday for delivery.

Ecumenical Food Pantry- Fort Kent
229 West Main Street, Suite 103  Fort Kent
(207) 834-4126
Hours: Call Tue. 9-10:30am, pick up 1st & 3rd & 5th Wed. 5-6pm. 2nd & 4th Wed. 9-10am

St. Luce Food Pantry
441 US Route 1  Frenchville
(207) 728-4635
Hours: Last Sat. of the month 9am-12pm

Mt. Carmel Food Pantry
366 Main Street  Grand Isle
(207) 895-6995
Hours: one Sat. per month 1-4pm

St. Joseph Parish Food Pantry
1837 Van Buren Road  Hamlin
(207) 325-4592
Hours: 1st Wednesday of month 9-10:30am Or call.

Haynesville Town Office Food Pantry
16 Danforth Rd.  Haynesville
(207) 448-2239
Hours: Mon & Wed. 7:30am-1pm, Thur. 7-10am

St. Mary’s Food Pantry
3483 Aroostook Rd.  Sherman
(207) 429-9041
Hours: 2nd Tuesday 1-3pm, 4th Tue. 6-8pm.

St. Joseph Food Pantry
413 Lake Shore Rd.  Sinclair
(207) 543-6634
Hours: Tuesday 11am-1pm

St. Charles Food Pantry
912 Main Street  St. Francis
(207) 834-5656
Hours: 1st Thursday of each month

St. Peter Chanel Parish Food Pantry
52 Main Street  Van Buren
(207) 868-5495
Hours: 1st Thursday of each month 12pm-3pm

Wytopitlock Food Pantry
8 Springer Road  Wytopitlock
(207) 456-7598
Hours: 1st Thu. each month 3-5pm

Island Falls Food Pantry
64 Cleaves Street  Island Falls
(207) 463-2449
Hours: 1st Tue. of the month 9am-12pm

Adopt a Block Food Pantry
307 Military Street  Houlton
(207) 532-2783 Ext. 102 Call for appointment
Pantry open Mon-Fri 8am-2pm.

Raven Food Pantry
18 Roberts Street  Presque Isle
(207) 768-7850
For Hours Call: Mon.-Wed.-Fri
Leave message for delivery.

Aroostook Band of Micmac’s Food Pantry
7 Northern Road  Presque Isle
(207) 764-1972
Hours: Mon-Fri. 8am-4pm. Pantry Monday- Friday
By appointment.

Grace Interfaith Food Table (GIFT)
11 Industrial St.  Presque Isle
(207) 764-8584
Hours: Call Tue. 9am-12pm for appt. to shop
for food as needed. Pick up on wed.
Shopping wed. 9am-12pm. Also open 2nd
tue. of month 10am-1pm. Also emergency
calls accepted.

Parsons Pantry
21 Parsons St.  Presque Isle
(207) 764-0758
Hours: Last Friday of each month 2-5pm.

Upper Valley Economic Corp. Pantry
36 School Street  Sherman
(207) 365-7631
Hours: 2nd Tue. 9am-1pm

Updated June, 2017 - DR