

# Aroostook County Food Resource Guide

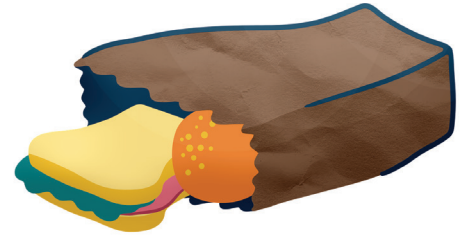
## Summer Meals for Kids

For the most up to date information or to find a site close to your home

[www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks)  
Hotline: 1-866-348-6479

Aroostook County Action Program  
(207) 764-3721

Dial 2-1-1 or [www.211maine.org](http://www.211maine.org)



## Community Meals/Soup Kitchens

### Bread of Life Kitchen

62 Collins Street, Caribou  
FB: Caribou Bread of Life Kitchen  
(207) 493-4858  
Meals 4:00pm-5:30pm  
Mon. and Wed.

### AAA- Meals on Wheels

Meal Delivery to Aroostook County Seniors  
(207) 764-6185  
Monday-Friday – 8:00am-4:30pm

### M&M Ministries- Soup Kitchen

21 Parsons Street, Presque Isle  
(207) 764-0758  
Meals 2:00pm-5:00 pm  
Mon., Wed., Fri.

### Homeless Services of Aroostook

745 Central Drive, Presque Isle  
(207) 764-4125  
Meals Served to shelter residents

## Farmers' Markets

### Caribou Farmer's Market

159 Bennet Drive, Caribou  
(207) 498-6156  
Wednesdays 10:00am-6:00pm  
Saturdays 8:00am to 1:00pm  
May-Oct.



### Presque Isle Farmer's Market

830 Main Street (Aroostook Centre Mall),  
Presque Isle  
Saturdays 8:30am-2pm  
May-Oct.

### Houlton Community Farmer's Market

Market Square, Houlton  
(207) 532-4214  
Saturdays 9:00am-1:00pm  
May-Oct.

### Riverside Public Market

27 Riverside Drive, Presque Isle  
(207)-615-4144  
Saturdays 8:30am-1:00pm  
May-Oct.

## Additional Programs

### Women, Infant & Children (WIC)

771 Main Street Presque Isle  
(207) 768-3026  
Service: Provides nutrition education and screening to eligible pregnant and postpartum women, nursing mothers, infants, and children under five years of age.

### SNAP

91 Military Street, Presque Isle  
1-800-432-7881  
[www.maine.gov/mymaine-connection](http://www.maine.gov/mymaine-connection)  
Service: Supplemental Nutrition Assistance Program for low income individuals and families

### 2-1-1

Call 2-1-1 or visit [www.211Maine.org](http://www.211Maine.org)  
Service: Statewide directory for health and human resources, available 24 hours a day.

### Aroostook Area Agency on Aging

260 Main Street, Presque Isle  
(207) 764-3396  
Service: Assisting seniors with Meals on Wheels and community meals.



Aroostook County Action Program

*We Make Life Better!*



Northern Light<sup>SM</sup>  
A.R. Gould Hospital



United Way  
of Aroostook

# Food Pantries

## Adopt a Block Food Pantry

307 Military St., Houlton  
(207) 532-2273

## Agape Food Pantry

64 Cleaves St., Island Falls  
(207) 463-2449

## Aroostook Band of MicMac's Food Pantry

7 Northern Rd., Presque Isle  
(207) 764-1972

## Ashland Food Pantry

31 A Station St., Ashland  
(207) 435-6015

## Baskets of Blessings Food Pantry

Fort Fairfield  
(207) 325-1635

## Caribou Ecumenical Food Pantry

31 Herschel St., Caribou  
(207) 493-4860

## Ecumenical Food Pantry

229 West Main St. Ste. 103, Fort Kent  
(207) 834-4126

## Ecumenical Food Pantry

100 Main St., Limestone  
(207) 498-2536

## Friends Helping Friends

23 Station Rd., Easton  
(207) 227-3589

## Grace Interfaith Food Table (GIFT)

11 Industrial St., Presque Isle  
(207) 764-8584

## Haynesville Town Office Food Pantry

16 Danforth Rd., Haynesville  
(207) 448-2239

## Mars Hill Community Cupboard

4 Aci St., Mars Hill  
(207) 429-8043

## Parsons Pantry

21 Parson St., Presque Isle  
(207) 764-0758

## Southern Aroostook Food Pantry

434 Callghan Rd., Houlton  
(207) 694-6018

## St. Charles Food Pantry

912 Main St., St. Francis  
(207) 834-5656

## St. Gerard-Mt. Carmel SJ & P

366 Main St., Grand Isle  
(207) 728-7531

## St. Joseph Food Pantry

413 Lake Shore Rd., Sinclair  
(207) 543-6073

## St. Mary's Food Pantry

3443 Main St., Eagle Lake  
(207) 444-5404

## St. Mary's Food Pantry

110 Military St., Houlton  
(207) 532-9122

## St. Peter Chanel Parish Food Pantry

52 Main St., Van Buren  
(207) 868-5623

## St. Thomas Aquinas/St. David Parish

309 St. Thomas St., Madawaska  
(207) 728-7531

## The Lord's Pantry First Baptist Church

17 Westmanland Rd., New Sweden  
(207) 896-3392

## The Salvation Army of Houlton

12 Court St., Houlton  
(207) 532-2322

## United Baptist Church Food Pantry

74 High St., Caribou  
(207) 496-7881

## Upper Valley Economic Corp. Pantry

36 School St. Ste. 4, Sherman  
(207) 365-7631

## Wytopitlock Food Pantry

8 Springer Rd., Wytopitlock  
(207) 456-7546

## Community Cupboards

### Caribou Bread of Life Kitchen Cupboard

62 Collins St. Caribou  
24 hours a day, 7 days a week

### Community Cupboard at the Caribou Rec

55 Bennett Drive, Caribou  
Mon.-Fri 6 am-7pm Sat.- 12pm-4pm

### Graves Shop N Save Community Cupboard

797 Main St., Presque Isle  
Mon.-Sat. 7am-9pm  
Sun. 8am-7pm

### Houlton ACAP Community Cupboard

91 Military St., Houlton  
Mon.-Fri. 8am-5pm

### Madawaska Public Library Cupboard

393 Main St. Madawaska  
24 hours a day, 7 days a week

### Mapleton Community Cupboard

Town Office, 103 Pulcifer Rd., Mapleton  
24 hours a day, 7 days a week  
Additional Items Inside Mon.-Fri. 8am-4pm

### Mars Hill Community Cupboard

Mars Hill IGA 7 Market St., Mars Hill  
24 hours a day, 7 days a week

### Presque Isle ACAP Community Cupboard

771 Main St., Presque Isle  
24 hours a day, 7 days a week

### Perham Community Cupboard

Post Office 2 Mouse Island Rd., Perham  
24 hours a day, 7 days a week

### UMPI Emergency Food Pantry

Folsom-Pullen Hall 181 Main St., Presque Isle  
24 hours a day, 7 days a week

### Washburn Community Cupboard

Washburn Wash n' Fold 1269 Main St., Washburn  
24 hours a day, 7 days a week

### Washburn Town Office Community Cupboard

1287 Main St., Washburn  
Mon.-Thurs. 7am-4pm Fri. 7am-12pm

### Region 2 Tech Center

5 Bird St., Houlton  
24 hours a day, 7 days a week