



ACAP Early Care & Education provides families with comprehensive and affordable high quality prenatal, infant, toddler, and preschool education and child development programs. Services also include family and child health and nutrition and well-being services.



Aroostook County Action Program, leads or collaborates to provide services that support, empower and improve lives.

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EARLY CARE & EDUCATION



Aroostook County Action Program



## WHAT IS HEAD START?

Head Start programs promote the school readiness of infants, toddlers, and preschool-aged children from low-income families. Services are provided in licensed centers and children's homes. Head Start programs also engage parents or other key family members in positive relationships, with a focus on family wellbeing. Parents participate in leadership roles, including having a say in program operations.

Head Start programs support children's growth in a positive learning environment through a variety of services, which include: early learning and development, health and physical development and family well-being.

Head Start programs are available at no cost to children ages birth to 5 from low-income families. Programs may provide transportation to the centers so enrolled children can participate regularly. Families and children experiencing homelessness, and children in the foster care system are also eligible. Additionally, Head Start services are available to children with disabilities and other special needs.



## WHICH EARLY CARE & EDUCATION PROGRAM IS RIGHT FOR YOUR FAMILY?

**Early Head Start** is available for income eligible prenatal through age three children. Centers are located in:

- Caribou
- Houlton
- Presque Isle

In addition, Home Based Early Head Start services are available throughout Aroostook County.

**Head Start** is available for income eligible three and four year olds, including children with disabilities. Centers are located in:

- Caribou
- Dyer Brook
- Fort Kent
- Houlton
- Presque Isle

**Early Intervention Programs** are available for children age 3 to 5 with developmental delays and/or disabilities to develop skills and strategies necessary to build solid foundations for school readiness. Classrooms are available in:

- Caribou
- Fort Kent
- Houlton
- Presque Isle

**Child Care** is available for children 6 weeks to 6 years of age. Child Care is a fee-based program based on age. Many forms of payment accepted including but not limited to childcare subsidy, Aspire/Transitional, DHHS, CareerCenter, and private pay. Centers are located in:

- Caribou
- Fort Kent
- Houlton
- Presque Isle

**Preschool Partnerships** provide comprehensive preschool development programs to 3 and 4 year olds. Partnerships with local school systems and High School Regional Technical Centers:

- Dyer Brook
- Houlton
- Presque Isle

We also partner with Child Development Services across the County.



## WHAT IS A COMPREHENSIVE SERVICE DELIVERY APPROACH?

Our entire team is committed to a comprehensive service delivery approach. That means that our clients are connected to all of the programs and services that they need! We offer more than 40 programs and services in the areas of:



**Early Care and Education** is comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development programs.



**Energy and housing** keeps people warm and safe in their homes with a variety of programs that offer education or assistance in the areas of heating, energy efficiency, home purchase, repair and assistance for those facing foreclosure or eviction.



**Prevention & Wellness** builds a stronger, healthier community by partnering with local and statewide organizations to offer prevention services that focus on nutrition, oral health, substance misuse, tobacco and obesity.



**Workforce Development** provides resources to assist individuals and families reach their goals. Our team provides the supports and resources to help achieve economic stability and sustainability.