

Unsure which programs and services you may qualify for? Our Agency Intake Team is here to help! They will listen, assess your needs, and refer you to all relevant services and other external agencies that may benefit you or your family.



207-764-3721

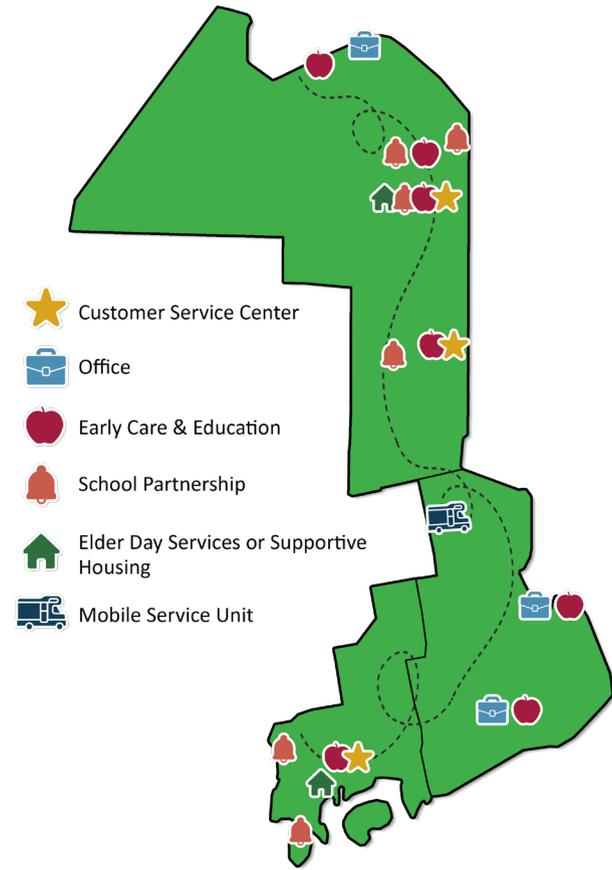


info@acap-me.org



www.acap-me.org

Community Action in Aroostook, Washington and Hancock Counties



- Customer Service Center
- Office
- Early Care & Education
- School Partnership
- Elder Day Services or Supportive Housing
- Mobile Service Unit

OFFICE & CUSTOMER SERVICE CENTER LOCATIONS:

- | | | | |
|-------------------------|---------------------------|------------------------------|----------------------------|
| 11 Church St.
Calais | 18 Avery Ln.
Ellsworth | 40 Alfalfa Ave.
Fort Kent | 91 Military St.
Houlton |
| 7 Ames Way
Machias | 88 Fox St.
Madawaska | 771 Main St.
Presque Isle | |

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Proud member of Maine Community Action Partnership and National Community Action Partnership.



Community Action provides equal opportunity in employment and services.



Mobile Service Unit

- Designed to bring programs and services to remote areas of the three county service area. The mobile service unit ensures that individuals and families in hard-to-reach locations can access the support and resources they need.



DIRECTORY OF SERVICES | 2026



Child Care & Early Childhood Education Services

- Child care for infants to age six
- Coaching and navigation
- Health screenings and referrals
- Developmental services for children with disabilities
- Head Start and Early Head Start Program for families with expectant mothers, infants and toddlers through age three. Preschool age 3 to 5 years in center based or through public Pre-K partnerships
-  Child care for school age children to age 12



Energy & Housing Services

- Energy audits
- Home heating assistance including Home Energy Assistance Program (HEAP) and emergency heating assistance
- Overdue electric bills (Arrears Management Program- AMP)
- Heating system cleaning and repair
- Heating system replacement, including heat pumps
- Home repairs and weatherization
- Lead paint inspections and abatement resources
- Oil tank replacement
- Safety aids for individuals with mobility challenges
- Energy conservation coaching program
- Eviction prevention
- Homebuyer education
-  Homelessness and housing insecurity
-  Housing for chronically homeless individuals (income based)
-  Rent Smart education course



Aging Services

- Adult Day Services Including:
 - Certified medication aide
 - Group activities
 - Nutritious meals and snacks
- Transportation services

Coaching Services



Employment & Training for Youth and Adults:

- College prep and transition
- High school completion
- Job search assistance
- Occupational training (e.g. CNA or CDL certifications)
- Paid on-the-job training and work experience
- Financial education
- Career counseling
- Skills assessment
- Training and certification programs



Displaced or Laid-off Workers:

- Career counseling
- Job search assistance
- Skills assessment
- Training and certification programs



Support for Families:

- Tax return preparation
- Back to school supplies
- Monthly supplemental diapers
- Prenatal vitamins for women of childbearing age
- Household budgeting
- Hope & Prosperity Resource Center
 - Warm and safe place where individuals and families can access services tailored to their needs



Financial Stability

- Referrals to support services
- Household and personal budgeting classes
- Matched savings accounts towards
 - Starting a small business
 - Home purchase
 - Paying for education and training



Prevention and Wellness Services

- Health Insurance Marketplace navigation, including eligibility determination, option comparison and application/enrollment
- Community food cupboards
- Nutrition support for childcare providers
- Engagement programs for youth empowerment
- Youth financial literacy
- Youth pregnancy and STI prevention
- Youth social and emotional learning
- Youth soft skills training & supports
-  Restorative practices
-  Programs and resources to reduce negative health effects of obesity



Women, Infants and Children Program:

- Financial support for healthy foods and infant formula
- Infant and toddler health screenings and referrals
- Prenatal vitamins for women of childbearing age
- Farmers Markets (seasonal)
- Breastfeeding support and counseling (including supplies and electric pump loaner program)



Substance Misuse Prevention and Education:

- Education on nicotine forms and harm reduction
- Policy development for public-facing entities
- Resources and supports for quitting nicotine addiction
- Programs to reduce alcohol, marijuana and drug use
- Resources and programs on addiction and harm reduction



Oral Health:

- Dental sealants for elementary school students
- Education and prevention
- Preventative dental cleanings and related services (in participating schools)



AROOSTOOK



WASHINGTON



HANCOCK

While every effort has been made to ensure the accuracy of the information in this directory, it is not guaranteed that we provide or that individuals are qualified for the listed program or service. Listed programs and services are subject to change without notice.